



POSTTRAUMATIC STRESS DISORDER AND SPIRITUALITY:

A Transpersonal Therapeutic Approach

A PTSD workshop offered on Saturday, January 19, 2008, from 9:00 am – 4:00 pm, at St. Marks United Methodist Church, 2391 Saint Marks Way, Sacramento, CA. 6 CEUs for LCSWs, MFTs, and RNs.

Presenter: Marius Koga MD, MPH, UC Davis School of Medicine, Department of Public Health

The workshop will include integrating spirituality in the overall PTSD treatment; differentiating between standard psychotherapeutic and pharmacological interventions versus transpersonal approaches; the brain neuro-network of fear and survival and how it fits into the clinical picture and practice; spiritual resilience and toxic faith; cultural and religious modulators of PTSD and PTSD treatments including healthy and unhealthy religious value orientation of the client; and tools for spiritual assessment like SAI, FICA, and HOPE instruments.

To Register:

Please mail checks for \$90 (\$80 early bird, before Jan. 12th) made out to TSR (Therapists for Social Responsibility) to: Elisabeth Bower, 3431 Clemens Way, Sacramento, 95864. Please include your license # for CE credits, phone # and email address. Register soon as space is limited.

For more information contact Elisabeth Bower ElisabethHB@cs.com 916/481-0674 or Dr. Marius Koga pmkoga@ucdavis.edu 916/307-2502. This workshop is offered by Therapists for Social Responsibility (www.therapistsforsocialresponsibility.org)

The Presenter

Patrick Marius Koga, MD, MPH, is a Diplomate of the American Academy of Experts in Traumatic Stress and an Associate Clinical Professor of Public Health at UC Davis School of Medicine. He is also a Professor at the Institute of Transpersonal Psychology in Palo Alto where he is directing a pilot center for trauma studies. Dr. Koga has developed courses in mental health and spirituality for MFT students Chapman University in Sacramento and has been the Course Director for Transcultural Mental Health and Spirituality at Tulane Medical School and a Clinical Associate Professor of Psychiatry. Himself a former political prisoner, torture survivor, and refugee from communist Romania, Dr. Koga's professional interest focuses on PTSD in refugee populations and US military who are Afghan and Iraq war veterans. For the past ten years he has given numerous invited talks, presentations, and workshops on spiritual dimensions of trauma in US and Europe. Contact email: pmkoga@ucdavis.edu