

Therapist for Social Responsibility Meeting

(Minutes –Sue Bollig)

August 19, 2006

Rosenfeld Residence

2:00-5:00 pm

“Therapists Support for Their Community in a Time of War and Anxiety”—2 CEUs

Participants:, Ray Bacigalupi, Helene Beddingfield,, Sue Bollig, Libby Kovacs, Diana Martinez, Martie Milhouse, Jean Rosenfeld, Pat Scott, Shauna Smith, Shawn Sullivan, Marianne Tauber, Mary Williams, and Phil Wister.

Welcome & Introductions included personal sharing of feelings about current political situation, TSR membership expectations, and how we as therapists can be most useful and effective. Shawn reminded us that what was common to us all in our activist work was that it comes from our love--for the environment, the planet, spirit, humanity.

1. Update: Sharing of event binder with activities and projects sponsored over the past 3 years included: Symposium, Boots project, M. Lerner Lecture sponsor, meeting speakers, information sharing at numerous events as well as financial support of various programs.

2. Clarification of consensus was read and explained. Key points:

“The question to keep in mind in deliberations is not really “Do you agree?” It’s ‘Do you have significant disagreements that matter to you?’ Block consensus only when your objection really matters to you and be prepared to state your thinking so that others can try to accommodate your concerns.”

3. Therapist Proclamation of Principles, Values and Intentions was read aloud by members and comments or edits were made on copies and returned to Shauna to be reviewed. Ways to collaborate with other professional organizations and individuals nationwide to support and sign on were discussed. A goal was set to distribute the proclamation before the November election. Shauna will initiate this action along with ad hoc committee members Jean, Diana, Libby & Maryanne. Logo & form for the proclamation to be explored.

4. Outreach and support to our community on upcoming events include:

- Pat: Representation, Working together with NSP. Sac Network of Spiritual Progressives, Monday, 8/21, 7 pm at Trinity Cathedral.
- Diana: Attendance at the International Day of Peace Rose Garden, State Capitol Friday, Sept 22, 10:30 am -12 pm
- Attendance at Global Climate & Energy Forum, League of Women Voters, Monday, September 25, SMUD auditorium, 7- 9 pm. Table volunteers are: Shawn, Marianne, & Sue.
- Shauna will check into getting a couple of tables at the PSR dinner with Daniel Ellsberg speaker, Sat., Oct 22, location TBD. (\$50 dinner \$10 lecture only) (Note correction, Shauna’s error - lecture only is \$20!)

5. New Items Discussed

- Post election celebration (or depression support?) Shauna will send an email to other community groups to determine possible interest in cosponsoring this gathering the weekend after the election. Other groups may be planning similar events and we might be able to join them.
- Jean: shared attendance at a block party for Bill Durston and Phil urged members to “walk the precinct” as an effective way to gain votes for change. Both would be helpful.
- Martie: Older Women League (OWL)
- Possibility of getting the TSR productions on the webpage in downloadable format.

6. Volunteer Requests:

- TSR has a need for website skills, facilitators, writers, database maintenance, and recorders.
- New Ideas, enthusiasm, creativity, commitment, intention setting, follow through, cheerleading, networking and desire for change.

7. Activist Suggestions:

- Change TV channels in public places (waiting rooms, gyms) from FOX news to other news stations.
- Walk your local precinct to get out the vote and provide name recognition for progressive candidates.
- Have a house party for candidates.
- Speak Up & Out to coworkers, neighbors, family & friends about the issues and need for change.
- Network to gain support for your values & beliefs.

Closing words – included feeling re-inspired, energized, more present, at peace, less afraid, connected, hopeful.

Moment of silence

Next general meeting TBA