

Therapists for Social Responsibility and Sacramento Valley Psychological Association

Present:

War Trauma: Treating The Complex Posttraumatic Outcomes



with John Briere, Ph.D.

Saturday, January 17, 2009, 10:00 to 5:00

St. Marks United Methodist Church, 2391 St. Marks Way, Sac. 95864

6 CE Units for Psychologists, MFTs, LCSWs, and RNs

War can have massive negative psychological effects, both on combatants and on those living in war-torn areas. When called upon to help soldiers and others returning from war, civilian clinicians often feel out of their depths -- both because the content can be horrific and because they may feel unprepared to adequately treat war trauma. These concerns are valid: returning veterans have often undergone events that are hard for those who have not experienced war to understand or to fully appreciate. Yet, there is little question that therapists can provide substantial assistance to combat-exposed individuals. And not all of this treatment can occur within the VA or other federally-sponsored facilities.

In this workshop, attendees will learn about (a) the phenomenology and experience of insurgent-type war, as described by clients who have experienced it, (b) assessment issues, and (c) the major components of trauma-focused therapy, including the application (and limitations) of therapeutic exposure, cognitive interventions, affect regulation building, and mindfulness training as they relate to war trauma. Specifically addressed will not only be the effects of combat injury and witnessing the death or severe injury of fellow combatants, but also the (only recently appreciated) psychological effects of killing or otherwise participating in the death of others, including civilians.

This workshop is led by John Briere, Ph.D., Associate Professor of Psychiatry and Psychology, Keck School of Medicine, director of the Psychological Trauma Program at LAC-USC Medical Center, co-director of MCAVIC-USC Child and Adolescent Trauma Program, SAMHSA, and author of various articles, books, and psychological tests related to psychological trauma. He is not a military clinician, nor has he personally experienced war. He has taught and consulted with many military and nonmilitary personnel regarding the treatment of trauma in combat veterans, as well as studied and treated the effects of combat, torture, captivity, violent assault, and other severe forms of trauma. This perspective allows him to offer a unique "take" on the role of civilian therapists in treating war veterans and others exposed to war.

Cost includes 6 CE Units: \$120/ \$100 by 1/5/09.

LCSWs, MFTs and RNs: Checks made payable to TSR. Mail to Elisabeth Bower, 3431 Clemens Way, Sac. 95864.

BBSE provider # PCE638. RNs: provider approved by Ca. Bd. of Registered Nursing, provider #CEP 15100.

Psychologists: Checks made payable to SVPA. Mail to Cynthia J. Neuman, 1329 Howe Ave., Suite 201, Sac. 95825.

CE units for Psychologists pending approval- sponsored by SVPA/Ca. Psychological Association, approved by APA.

Return policy: In full on request 24 hours in advance.